

# STRAWBERRIES



Ronald C. Smith

Extension Horticulturist and Turfgrass Specialist

**STRAWBERRIES** are one of the most prized fruits used in North Dakota homes. The information in this circular will serve as a guide in the production of strawberries for home use.

## TYPES AND VARIETIES

**Everbearing** strawberries produce a crop in late June and early July with a second crop starting in late summer and continuing until freeze-up if the conditions are favorable.

Many varieties of strawberries are available, but some are unsatisfactory under North Dakota conditions. The following **everbearing varieties** are recommended for general planting.

**Ft. Laramie** – This all-season everbearing variety produces runners abundantly. Plants are very cold hardy. Fruits are sweet tasting with exceptional aroma.

**Gem** – (Superfection). This variety usually performs well under North Dakota conditions. The berries are rounded, tart and light red. It produces ample runners for an everbearer.

**Northland** – Plants are vigorous and produce runners freely. Very hardy. Fruits are medium in size, bright red, both inside and out and of good quality.

**Ogallala** – A productive variety that has become popular with home gardeners. The berries are large and of good quality.

**June bearing** varieties produce their entire crop in late June and early July. Both types of strawberries are capable of producing similar yields.

**The recommended varieties are:**

**Dunlap** – Sometimes referred to as Senator Dunlap. This variety produces fruits of medium size with a rich, red color.

**Glooscap** – Medium fruits, productive, excellent for processing as cap separates easily.

**Honeoye** – Vigorous producer, good flavored fruit. Excellent for fresh or preserving purposes.

**Redcoat** – Fruits are medium to large, glossy and firm, very productive and winter hardy when mulched. Redcoat is commercially grown in this region.

**Stoptlight** – Fruits are very sweet and of a bright, red color throughout. This variety ripens most of its fruit in a short period of time.

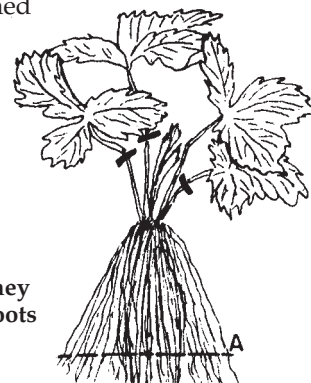
**Trumpeter** – This vigorous variety produces fruit of very large size and good quality. The crop may be harvested in a couple of pickings.

## CULTURE

**Watering** – Normal rainfall in North Dakota is not quite enough for highest production. Supplemental water is usually needed. Strawberries respond to the addition of water through some form of irrigation.

**Site and soil** – The site for a strawberry planting should be well drained and preferably on loamy soil. However, satisfactory crops may be produced on heavy clay or light sandy soils. Practice shallow cultivation to avoid root injury. Manures, especially well-rotted manures, are good fertilizers for strawberries. Apply one-half bushel per square yard before plants are set. The response of strawberries to commercial fertilizers may vary because of wide soil differences. For general use of fertilizers, follow rates under row applications – see publication A-595 “Fertilizing Gardens.”

**Time to plant** – Strawberries are usually best planted in early spring. They may be planted in late summer (before August 15th) providing there is enough soil moisture to get the plants established before winter. When planted in late summer, it is advisable to remove about 75 percent of the leaves to prevent plants from drying out because of water loss from leaves.



**Figure 1. Prune plants just before they are set out. (A) Remove portion of roots as well as 75 percent of the leaves.**

**NDSU**  
**Extension Service**

North Dakota State University  
Fargo, North Dakota 58105

Reviewed and reprinted March 2008  
APRIL 1992

**Planting stock** – Use only vigorous young plants when starting a new patch. Young plants can be distinguished from old ones by their light colored roots. Unthrifty, old strawberry plantings may be diseased, therefore, buying healthy plants from a reputable dealer is highly recommended. Proper depth of planting is important as shown in Figure 2. Water plants after setting.

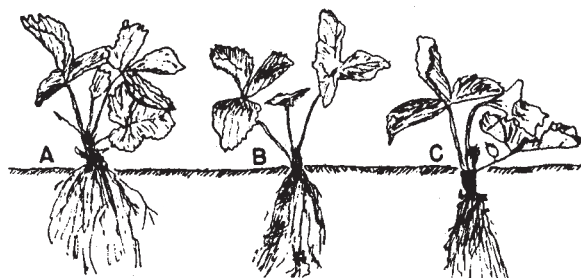


Figure 2. Strawberry plants should be set carefully at the proper depth. (A) Too Shallow (B) Correct (C) Too deep.

## PLANTING SYSTEMS

**Matted-row system** is most commonly used in home gardens. Rows are spaced 3-4 feet apart, and plants set 18-30 inches apart in the row. Allow runners to form a mat 15-18 inches wide, with plants 4-6 inches apart. Many home gardeners allow the plants to grow too close together; this results in small and inferior berries.



**The hill system** is sometimes used to obtain large berries of exceptional quality. It requires more hand work than the matted-row system. Space double rows 2-3 feet apart, with plants 12-15 inches apart in the rows. Remove the runners as they appear.

**Remove blooms** – With spring-planted everbearing varieties, keep the blossoms removed until July 15, then allow them to bloom and produce a crop. The production of fruit on newly set plants restricts vegetative growth and results in poor yields. Do not allow June bearing sorts to produce a crop the same season as planted.

**Weed control** – Hand hoeing and shallow cultivation are necessary for weed control. Chemical weed control has been successful in strawberries. Be sure to follow directions for time and rate of application for approved chemicals. Early runners should be allowed to root while later ones should be removed. Many home gardeners allow plants to become too thick in a matted row. One should allow at

least 4-6 inches between plants. Strawberries are probably the worst “weed” in many home patches. Small berries, poor quality and more disease problems are the result.

## WINTER PROTECTION – MULCHING

When the ground is frozen in the fall, cover your strawberries with a 4-inch layer of clean straw or marsh hay. Soybean straw is very satisfactory. It is frequently free of weed seeds and it is not inclined to pack down. Do not depend on snow for winter protection. When the plants begin growth in the spring, remove the mulch. Allow part of the mulch to remain between the rows to help keep down weeds and also to conserve moisture. A mulch under the berries keeps them from becoming soiled.

Under ordinary conditions, you should not expect your strawberry bed to bear more than two seasons in succession. Start new beds from the old (as long as your planting is healthy), using only young plants.

Bed renovation should not be attempted unless the plants are vigorous and relatively free from weeds, insects, and diseases.

Bed renewal is accomplished in the matted-row system by narrowing the rows with a plow, cultivator, or hoe to a strip 8-10 inches wide. Thin the plants, leaving only the most healthy and vigorous. Then proceed as with a new planting. It may be wise to purchase healthy, disease-free plants instead of renewing an old bed since plants may be infected with viruses.

Many insect, disease, and weed problems can be avoided by fruiting a bed only two seasons and then starting a new one.

## DISEASES AND INSECTS

Strawberry diseases are not a serious problem in North Dakota. Winter injury may be confused with or complicated by certain types of root diseases. However, adequate mulch protection and moisture with good surface drainage usually prevent these troubles. Virus diseases are responsible for reducing yields. Destroy any bed suspected of having virus infection and make a new planting with healthy stock.

In most plantings, preventive measures are more effective than spraying for control of strawberry pests. Sanitary measures such as mowing and burning of leaves after berry harvest, clean tillage, removal of weeds and rubbish bordering the planting, coupled with the use of healthy planting stock and short rotations, are practical things that you can do to prevent insect and disease problems in your strawberry bed. (Refer to publication E-299 “Fruit Insect and Disease Control Guide for the Home Gardener.”)

This publication may be copied for noncommercial, educational purposes in its entirety with no changes.

Requests to use any portion of the document (including text, graphics or photos) should be sent to [permission@ndsuxt.nodak.edu](mailto:permission@ndsuxt.nodak.edu).

Include exactly what is requested for use and how it will be used.

**For more information on this and other topics, see: [www.ag.ndsu.edu](http://www.ag.ndsu.edu)**